



*Galeon's beautiful facility has found a home in the hearts of Minnesota's older adults and their families. Set on a scenic campus close to the shores of Lake Osakis, Galeon offers skilled nursing, short and long-term assisted living, Independent living and a brand new Wellness Center. Friendly neighbors and supportive staff create a welcoming atmosphere, encouraging each person to feel comfortable and secure at Galeon.*



Our levels of care allow residents seamless transitions within the community, should their needs change.

### ASSISTED LIVING APARTMENTS

**Terrace Heights** is an assisted-living setting, ideal for individuals who are alert and can manage their own medications and mobility, but seek additional support in their daily living.

**West View** is tailored for alert residents who need additional support with their medications, mobility, and daily living. Both apartment settings include:

- Lounges with fireplaces and TVs
- Professional & dedicated nursing services
- Wellness Programs, including pool and spa.
- Home Health aide services
- Three meals daily plus snacks
- Modified diets available upon request
- Individual and scheduled activities
- Worship opportunities
- Transportation coordination
- Paid utilities and air conditioning
- Light housekeeping, bed linens
  - Elevators
  - Most pets welcome
  - Financial assistance available for qualified persons

Call us today to learn how you can enjoy the Galeon Experience!  
**320.859.2142**

### INDEPENDENT LIVING

**Osakis Manor** is perfect for independent adults (62 and older) and younger individuals with a qualified disability, featuring:

- Affordable\* 1- and 2-bedroom apartments
- Easy access to the Central Lakes Recreation Trail and Lake Osakis.
- Wellness Center Membership

For a few extra dollars a month, receive:

- Services such as telephone, electricity, cable television, internet
- Transportation (or rent a garage)
- Home health services
- Guest room for visiting family and friends
- Barber/Beauty; coin-operated laundry

### SKILLED NURSING CARE

**Community Memorial Home's\*\*** friendly and experienced highly-trained nurses and assistants respect the dignity of our residents in need of around-the-clock assessment and care.

- 24-hour professional nursing services
- On-site rounds by select physicians
- Medication administration, ventilator and bariatric care, respiratory, physical, occupational, and speech therapy.
- Fully furnished and accessible rooms offering private and shared occupancy
- Personal laundry service
- Full personal care assistance
- Guest lounge and computer access.
- Three meals daily plus snacks, supplements, and modified diets..
- Supportive services include worship, BEST-Age Wellness Program, personal funds management, and transportation coordination.

*\*rent based on income; Section 8 vouchers accepted; utilities included, except electricity*

*\*\*Community Memorial is fully licensed as a nursing home by the MN Department of Health, Medicare and Medicaid certified, and a member of Aging Services of Minnesota..*

### BRIDGEWELL

BridgeWell Assisted Living is a secure environment for people with memory loss that is designed to feel like home. We provide assistance with memory loss while promoting independence and optimal functioning.

- Our houses have been carefully designed using colors, sights and sounds to provide a calm, relaxing, home like environment with areas where residents can feel free to explore and not feel confined to a limited area.
- 24 hour caregivers are specially trained in caring for those with memory loss or dementia.
- Routine and spontaneous activities are ongoing and resident specific.
- Residents are encouraged to participate in life activities through the performance of daily household tasks such as laundry, cooking, light cleaning, etc.
- Staff accompany residents who wish to take advantage of the benefits of our Wellness Center, including strength training equipment and our warm water swimming pool and spa.

A place to HAVE FUN



A place to FEEL YOUNGER



A place to CALL HOME





## Galeon's Mission Statement...

*To offer all who pass through our doors an opportunity for wellness, choice, affordability, privacy, dignity, and access to service in order to achieve their highest possible quality of life in an empowering environment.*

### **Growing stronger... *in wellness***

Through Galeon's BESTAge Wellness program we are slowing or reducing the decline, depression and anxiety traditionally accepted as 'normal aging.' Wellness is the key to living the rest of your life the way you want to live it. Our state-of-the-art 12,000 sq. ft. Wellness Center is like no other in this area. We have two heated pools, massage therapy, two lines of strength training equipment, a full line of cardio equipment and a relaxing cafe area for you to enjoy.

### **Growing stronger... *in community***

Galeon is your home – with all the freedom to make friends, participate in our extensive array of activities and opportunities, pursue your own interests, entertain family and guests, and enjoy life!

### **Growing stronger... *in choice***

Galeon offers older adults and younger people with a qualified disability, a full range of living options and services. Whether you are independent and active, desiring some assistance, or in need of around-the-clock support, Galeon's staff and facility will enable you to live life fully and richly, while providing support where needed to find personal freedom and fulfillment!

### **Growing stronger... *in convenience***

Located in Osakis, MN, and close to Alexandria, Long Prairie, Sauk Centre, and Glenwood, Galeon offers easy access to the Central Lakes Recreation Trail and Lake Osakis.



Call us today to learn how you can enjoy the Galeon Experience!  
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Osakis, MN 56360-8243



[www.GaleonMN.com](http://www.GaleonMN.com)  
Retirement Housing and Support Services